

Col-mino

Health professionals understand the importance of a healthy gut as it's the body's engine room for so many functions. Our **Col-mino** is a natural, high quality bioavailable food supplement with colostrum, fish protein and beta glucans.

As a complimentary addition to any healing strategy, **Col-mino** contains ingredients known to provide support for the digestive and immune system. It's also a great combination with probiotics!

Ingredients

Bovine colostrum: Colostrum been shown by scientific research to be completely compatible with human physiology and also to be effective in improving the outcome of a wide range of health conditions. The primary constituents of colostrum can be divided into two classes.¹

1: *Immune Factors* - which support the immune system and form a defensive barrier against harmful invaders such as viruses and bacteria.

2: *Growth Factors* - which help build and restore bone, muscle, nerve tissue, connective tissue, skin and cartilage.

Protein: This is essential for most building blocks within the body. Manufactured using a unique enzymatic hydrolysis process, the protein in **Col-mino** is broken down into smaller peptides which the body can easily use. Our highly absorbable fish protein contains 8 essential amino-acids and 10 amino-acids.

Beta Glucans: These are known as "biological response modifiers" because of their ability to activate the immune system.² They are also known to help maintain the body's defence against pathogens.³ The beta glucan in Col-mino is gluten free.

References:

- 1: <http://www.vitabase.com/articles/allergy-immune/scientific-studies-involving-colostrum.aspx>
- 2: Miura, NN; Ohno N; Aketagawa J; Tamura H; Tanaka S; Yadomae T (January 1996). "Blood clearance of (1->3)-beta-D-glucan in MRL lpr/lpr mice". *FEMS immunology and medical microbiology* (England: Blackwell Publishing) 13 (1): 51-57. doi:10.1016/0928-8244(95)00083-6. ISSN 0928-8244. PMID 8821398.
- 3: *Eur J Nutr.* 2013 Dec;52(8):1913-8. doi: 10.1007/s00394-013-0492-z. Epub 2013 Jan 23.



Dosage: 3-6 capsules twice daily or as directed by your healthcare professional

INGREDIENTS	1 cap/NRV%
Colostrum (bovine)	300mg/*
Fish Collagen Peptides	100mg/*
Beta Glucan	100mg/*
Other ingredients: Lemon Peel Powder, Vegetarian Capsule, Silica	
Contains fish and milk	

*NRV not established 90caps

This information is limited to healthcare professionals for clinical research purposes only. These statements have not been evaluated by the MHRA. Food supplements are not a substitute for a varied balanced diet and healthy lifestyle. Ask a health professional prior to use if pregnant, breast feeding, taking medication or under medical supervision. Do not use if seal is broken. This product is not intended to diagnose, treat, cure or prevent any condition or disease. Store in a cool dry place away from sunlight and reach of children.