

ColonSoothe

So often, health professionals find themselves supporting the gut function of patients. Having a tool that assists in soothing the colon can be extremely valuable. Enter **ColonSoothe**.

The spagyrically activated ingredients in **ColonSoothe** have been combined to give you a valuable tool to support colon irritation, colitis, gastrointestinal problems and protect intestinal mucosa. Once ingested, the **ColonSoothe** goes to work supporting both the digestion and intestinal processes. It also coats the digestive mucosa of the descending colon with a protective viscous layer to alleviate irritation (heat, chemical and mechanical).

This easy to take powder is an ideal tool for patients with a sensitive gut for gently bulking and moving the colon. It smells great too!

Ingredients

Psyllium (*Plantago psyllium* L.): Known for its gentle bulk-forming laxative characteristics, it may help to encourage regularity and ease constipation. This is often used for patients with colitis or IBS due to its soothing properties. Psyllium is also a prebiotic, which promotes beneficial bacteria in the gut.

Flax Seed (*Linum usitatissimum* L.): This is a rich source of nourishing and bioactive compounds. It is known to have anti-inflammatory, antioxidant and anti-carcinogenic properties. Seeds are fibre-packed and adding flax seeds to a diet promotes regular bowel movements and may improve digestive health.

Agar-Agar Thallus Powder (*Gelidium amansii* J.V. Lamouroux): Traditionally known to absorb toxins from the gut and gastrointestinal tract, carrying the toxic waste safely out of the body. As it has moisturising properties, it assists to form bulk which acts as a natural laxative.

Fennel Fruit Powder (*Foeniculum vulgare*): This highly nutritious plant is known for its antioxidant, antimicrobial, antibacterial, antifungal and hepatoprotective properties. It has been used in traditional medicine to relieve gas and bloating as it acts as an antispasmodic agent in the colon. Fennel contains a high level of flavonoids and these phytonutrients are known to have beneficial anti-inflammatory properties.

Ginger Rhizome Powder (*Zingiber officinale* Rosc.): Known for its powerful anti-inflammatory and antioxidant properties, it has been used to support digestion, nausea and help to restore beneficial intestinal flora.



Food Supplement
 Directions: 1 teaspoon twice a day in warm water after meals, or as directed by your health professional.

INGREDIENTS	1 tsp: 3g/NRV%
Spagyrically activated blend of:	
Psyllium Seed Powder	1200mg/*
Flax Seed Powder	900mg/*
Agar-Agar Thallus Powder	300mg/*
Fennel Fruit Powder	150mg/*
Ginger Rhizome Powder	150mg/*
Green Anise Fruits Powder	150mg/*
Liquorice Root Powder	150mg/*

*NRV not established 100g e

Gluten/Lactose Free & Vegan

This information is limited to healthcare professionals for clinical research purposes only. Food supplements are not a substitute for a varied balanced diet and healthy lifestyle. Ask a health professional prior to use if pregnant, breast feeding, taking medication or under medical supervision. Do not use if seal is broken. This product is not intended to diagnose, treat, cure or prevent any condition or disease. Store in a cool dry place away from sunlight and reach of children.

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Ingredients cont.

Green Anise Fruit (*Pimpinella anisum* L.): Various properties such as antimicrobial, antifungal, antiviral, antioxidant, and insecticidal effects have been reported of aniseeds. Anise has traditionally been seen to provide gastric protection, be a muscle relaxant, and support the digestive system.

Licorice Root Powder (*Glycyrrhiza glabra* L.): A powerful antioxidant, it's often used to support gastrointestinal issues such as reflux and ulcerative colitis. It's known to have antibacterial and anti-inflammatory properties as well as assist the repair of the gut lining.

References:

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