

Inflatrate

SPAGYRIC NUTRITIONAL

Inflammation is a valuable tool for the body. The challenge health professionals find is when inflammation becomes unhealthy. Chronic inflammation has been linked to things like heart disease, diabetes, IBS, arthritis and gout.

The spagyrically activated ingredients in our **Inflatrate** are designed to naturally tackle a wide range of inflammation, pain and trauma. Our formulation encourages the body's natural defences and is useful for muscle/tendon inflammation, pain, headaches, fevers and promotes the well-being of the bones/joints.

Ingredients

Devil's Claw: A plant that contains iridoid glycosides which are known for their anti-inflammatory properties. Scientific studies also revealed that devils claw exhibits analgesic, anti-oxidant, anti-diabetic, anti-epileptic, antimicrobial and antimalarial activities.

Boswellia: This resin is rich in boswellic acid. This acid has been shown in some research to prevent the formation of leukotrienes, which are molecules that have been identified as a cause of inflammation.

Also known as Indian frankincense, this substance is capable of exerting a potent anti-inflammatory action and studies have shown it may be useful in supporting osteoarthritis, asthma, rheumatoid arthritis, ulcers and IBD.

White Willow Bark: This has been used for thousands of years as an anti-inflammatory, antipyretic, and analgesic. This is due to the bark containing salicin(similar to aspirin). This gets metabolised in the body to create salicylic acid. This also has a long history of being used with arthritis.

Feverfew: A well-known plant that contains a compound called parthenolide and has been used to ease muscle spasms, reduce inflammation, and prevent the constriction of blood vessels in the brain

Selenium: This essential mineral is a component of selenoproteins and enzymes which have powerful antioxidant properties. These help to break down peroxides that are known to damage tissues and DNA, which then leads to inflammation and other issues.

'Evidence has emerged regarding roles for individual selenoproteins in regulating inflammation and immunity, and this has provided important insight into mechanisms by which Se influences these processes.'

References:

- <https://www.healthline.com/nutrition/devils-claw#what-it-is>
- <https://www.sciencedirect.com/science/article/abs/pii/S0378874112005387>
- <https://www.healthline.com/health/boswellia#research>
- <https://www.sciencedirect.com/science/article/abs/pii/S0944711308000391>
- <https://onlinelibrary.wiley.com/doi/10.1002/ptr.5377>
- <https://www.verywellhealth.com/white-willow-bark-89085#citation-5>
- <https://www.verywellhealth.com/the-health-benefits-of-feverfew-89562>
- <https://www.hsph.harvard.edu/nutritionsource/selenium/>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3277928/>



Food Supplement
 Directions: 2-4 tablets between meals or as directed by your health professional.

INGREDIENTS	2 tabs/NRV%
Spagyrically activated blend of:	
Devil's Claw Root	180 mg/*
Boswellia Resin	150 mg/*
White Willow Bark	150 mg/*
Feverfew	100 mg/*
Selenium	27.5 mcg/50%
Other ingredients: Microcrystalline Cellulose, Magnesium Salts, Silicon Dioxide	

*NRV not established 60 tablets

Gluten/Lactose Free & Vegan

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